

# Three Roads Farms Ltd.

## Product Spec Chart



Product: Ground Chicken meat

Other Names: Minced Chicken

Product State: Fresh or Frozen

Package Size: .500 Kg Bag

Case Code(s): 898  
899

Case Weight: 5 Kg Bulk  
10 Kg Bulk

Ingredients: Chicken

Product Benefits: Extra Lean, Low in Saturated Fat, Trans Fat Free

Cooking Methods: Pan-fried, Barbequed patties, Meat balls, Casseroles

Product Safety: -Store product wrapped in original package.(Frozen: 3 months. Fresh: 2-3 days)  
-Store at or below 4°C or 40°F  
-Always cook to a minimum internal temperature of 74°C or 165°F



Nutritional Information:

<b>Nutrition Facts</b>	
<b>Valeur nutritive</b>	
Per 1/2 cup (100 g) par 1/2 tasse (100 g)	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 140	
<b>Fat / Lipides</b> 9 g	<b>14 %</b>
Saturated / saturés 1.5 g + Trans / trans 0 g	<b>7 %</b>
<b>Cholesterol / Cholestérol</b> 50 mg	
<b>Sodium / Sodium</b> 200 mg	<b>8 %</b>
<b>Carbohydrate / Glucides</b> 0 g	<b>0 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 0 g	
<b>Protein / Protéines</b> 19 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	14 %